

Reaching Families

Empowering families of children
and young people with special
educational needs and disabilities

Training Roadshow - Winter/Spring 2019

Workshops aimed at parents and carers of children and young people with additional needs and/or disabilities

We regret that we cannot accommodate children at the workshops.

Making Sense of Issues around Food

Tuesday 15th January 9.45am – 12.30pm

Dove Lodge, Littlehampton

Explore challenges such as selective eating; particularly relating to autistic spectrum conditions, sensory processing difficulties, behavioural issues and anxiety, and take away practical strategies to help your child.

Making Sense of Anxiety (Primary aged children)

Monday 11th March 9.45am – 12.30pm

Broadfield Community Centre, Crawley

An introduction to understanding anxiety in primary aged children, ways to support them, and tips for looking after yourself along the way.

Making Sense of Challenging Behaviour in Adolescence (11yrs+)

Thursday 31st January 9.45am – 12.30pm

The King's Church, Burgess Hill

This course will give an insight into the way your young person's brain works, how to avoid confrontation and how to respond when conflict occurs.

Making Sense of EHC Needs Assessments and Plans

Monday 18th March 9.45am – 12.00pm

Billingshurst Community Centre

An overview of EHC needs assessment and what a good EHCP should contain, including requesting an assessment and reviewing an existing EHCP.

Making Sense of Challenging Behaviour (2-11 years)

Wednesday 6th February 9.45am – 12.30pm

Thomas A' Becket Infant School, Worthing

Explore ways to respond to your child so that positive behaviour is encouraged and challenging behaviours are reduced.

Making Sense of Support at School

Wednesday 27th March 9.45am – 12.00pm

Trafalgar Baptist Church, Horsham

SEND IAS will talk about what schools need to be doing if your child has Special Educational Needs. EHC Needs Assessments and the Local Offer will also be covered.

Making Sense of Disability Living Allowance (DLA) and Other Benefits

Monday 11th February 9.45am – 12.30pm

Chichester Baptist Church

Come and find out more about Disability Living Allowance, how the system works, the various rates and what other relevant benefits there are.

Making Sense of Sensory Processing Difficulties

Monday 1st April 9.45am – 12.00pm

Easebourne Primary School, Midhurst

Find out about sensory processing difficulties and learn about ways to help your child/young person.

Booking: Please visit [Eventbrite](#) and search for Reaching Families, or look at our Events page on [facebook](#) Any queries, please email admin@reachingfamilies.org.uk or call our office: 01903 366360, Rebecca: 07305 053237 or Michele: 07470 005734.

**FREE
WORKSHOPS**

Suggested
donation
£3



www.reachingfamilies.org.uk

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