

Reaching Families

Empowering families of children
and young people with special
educational needs and disabilities

Training Roadshow - Summer 2019

Workshops aimed at parents and carers of children and young people with additional needs and/or disabilities

We regret that we cannot accommodate children at the workshops.

Making Sense of Challenging Behaviour (2-11 years)

Evening workshop

Wednesday 1st May 6.45pm – 9.30pm

Broadfield Community Centre, Crawley

Explore ways to respond to your child so that positive behaviour is encouraged and challenging behaviours are reduced.

Making Sense of Bullying

New workshop

Tuesday 18th June 9.45am – 12.30pm

Trafalgar Road Baptist Church, Horsham

Aims to equip you with practical information, strategies and guide you to managing situations when your child is being bullied. Covering physical, verbal and cyber bullying, SEND to SEND bullying, and manipulation.

Making Sense of Transition to Secondary School

Tuesday 7th May 9.15am – 12.00pm

The Regis School, Bognor Regis

A discussion based workshop which aims to help Parent/Carers support their children with SEND to prepare for Secondary school.

Handling Stress and Building Your Own Resilience

Friday 21st June 9.45am – 12.30pm

Thomas A Becket Infant School, Worthing

Learn how to recognise stress in yourself, strategies to reduce it and how to become more resilient.

Making Sense of Issues around Food

Monday 20th May 6.45pm – 9.30pm

Chichester Baptist Church

Evening workshop

Explore challenges such as selective eating; particularly relating to autistic spectrum conditions, sensory processing difficulties, behavioural issues and anxiety, and take away practical strategies to help your child.

Making Sense of Anxiety (Primary aged children)

Tuesday 25th June 9.45am – 12.30pm

Billingshurst Community Centre

An introduction to understanding anxiety in primary aged children, ways to support them, and tips for looking after yourself along the way.

Making Sense of Support at School

Tuesday 21st May 9.45am – 12.00pm

Lancing Parish Hall

SEND IAS will talk about what schools need to be doing if your child has Special Educational Needs. EHC Needs Assessments and the Local Offer will also be covered.

Making Sense of Parenting Siblings of Children with SEND

Thursday 4th July 9.45 – 12.30

The Kings Church, Burgess Hill

Focuses on providing advice on managing feelings and emotions that siblings may be experiencing as well as how to manage all the questions they may have.

Booking: Please visit [Eventbrite](#) and search for Reaching Families, or look at our Events page

on [facebook](#) Any queries, please email admin@reachingfamilies.org.uk or call our office:

01903 366360, Rebecca: 07305 053237, Michele: 07470 005734 or Hannah: 07951 794734.

FREE
WORKSHOPS

Suggested
donation
£3



www.reachingfamilies.org.uk

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