

2023/24

Our Delivery



2,000+

copies of *Making Sense of It All* distributed



10,000+

copies of our fact sheets downloaded from our website



1,305

parents attended one of our training workshops or courses



215

families received advice on claims for Carers Allowance, DLA & PIP



81

parents participated in our befriending service



266

parents attended one of our Umbrellas support groups



117

parents supported by the NDP navigation service (January to March 2024)



1,261

new Facebook Group members

Our Impact



89%

of parent-carers said they had **improved knowledge** of how and where to access support for their child



84%

said they had **improved skills and self confidence** in supporting their child's health, wellbeing and development



£2.1m

raised in **successful claims** for Carers Allowance, DLA and PIP



71%

reported **improved wellbeing and resilience**



80%

said they felt **better connected** to other parent-carers