



Making Sense of it All Foundation Course

*Has your child been recently identified as having additional needs?
Do you find the systems and support for special educational needs confusing?
Would you benefit from a broad overview of how it all works?*

This new two day course has been designed to provide an introduction on all the key issues parent-carers will encounter as your children grow and develop. It aims to empower parents of children undergoing or who have recently undergone diagnosis but is helpful to any parents who feel they need an overview of the following subjects and issues:

- Coming to terms with and understanding your child's diagnosis
- Where to go for information and advice
- Handling stress and building resilience
- Gaining support from other parent-carers
- Accessing benefits and financial support
- Getting support for your child at school
- Accessing support through health & social care
- Accessing other key services and opportunities in West Sussex

Worthing

Venue: Maybridge Keystone Centre, Raleigh Way, Goring-by-Sea BN12 6JD
Time: 9.30am – 2.30pm
Dates: Wednesday 6th and 13th May
Cost: £30 for two days (£20 for parents who are on work related benefits)*

Horsham

Venue: St Andrews Church Hall, Crawley Road, Roffey RH12 4DX
Time: 9.30am – 2.30pm
Dates: Friday 19th and 26th June
Cost: £30 for two days (£20 for parents who are on work related benefits)*

To book a place please visit reachingfamilies.org.uk/training and follow the link to Eventbrite. If you have any queries please call our office on 01903 366360 or contact our Training Co-ordinator, Michele Creed on 07470 005734 or email michele@reachingfamilies.org.uk.

**If the cost of the course is a barrier to you attending, please contact us to see if we can work out a solution.*