

Training

Spring 2024

(2nd half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



EMPOWER

INFORM

SUPPORT

Training Courses and Workshops

February

Understanding Avoidant Restrictive Food Intake Disorder (ARFID)	Tuesday 20th	7.30pm
Making Sense of Wellbeing: Understanding and Building Resilience	Tuesday 27th	10.30am
An Introduction to Makaton	Wednesday 28th	7.30pm
Understanding Demand Avoidance	Thursday 29th	7.30pm

March

Making Sense of Sleep (for children age 2-11 years)	Tuesday 5th	10.30am
Making Sense of Anxiety in Children (Primary age)	Tuesday 12th	10.30am
Making Sense of Personal Independence Payment (PIP)	Thursday 14th	10.30am
Making Sense of Behaviours that Challenge in Children (2-11 years)	Friday 15th	10.30am
Understanding ADHD	Tuesday 19th	10.30am
Making Sense of Education Health Care Needs Assessments and Plans	Thursday 21st	7.30pm
Making Sense of Transition to Secondary School	Wednesday 27th	7.30pm

The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

Dates: 6th March / 13th March / 20th March (3 part course)

Wednesdays 7.30pm - 9.30pm

All training above will be delivered via Zoom



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All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



Reaching Families

www.reachingfamilies.org.uk

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