

Training

Summer 2024

(1st half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



Training Workshops

April

Making Sense of Masking

Thursday 18th

10.30am

Understanding ADHD

Monday 29th

7.30pm

May

Making Sense of SEN Support at School

Wednesday 1st

7.30pm

Making Sense of Anxiety in Adolescence (11 years+)

Tuesday 7th

7.30pm

Making Sense of Disability Living Allowance (DLA)

Thursday 9th

10.30am

Making Sense of Wellbeing: Self-care and managing stress

Tuesday 14th

10.30am

Making Sense of Behaviours that Challenge in Adolescence

Tuesday 14th

7.30pm

Understanding Autism

Thursday 16th

10.30am

Making Sense of Universal Credit

Wednesday 22nd

7.30pm

All training above will be delivered via Zoom



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All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



www.reachingfamilies.org.uk

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096