

# Umbrellas

## Parent Support Group Autumn Term 2024

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



### Shoreham Umbrellas

**Tuesdays, 10 am - 11.30 am**

Southwick Community Centre

10th Sept / 1st Oct / 5th Nov / 26th Nov

### Littlehampton Umbrellas

**Wednesdays, 10 am - 11.30 am**

Creative Heart Community Hub (upstairs)

11th Sept / 2nd Oct / 6th Nov / 27th Nov

### Worthing Umbrellas

**Tuesdays, 10 am - 11.30 am**

Durrington Community Centre

17th Sept / 8th Oct / 12th Nov / 3rd Dec

### Horsham Umbrellas

**Wednesdays, 10 am - 11.30 am**

Horsham Family Hub

18th Sept / 16th Oct / 20th Nov / 18th Dec

### Chichester Umbrellas

**Thursdays, 10 am - 11.30 am**

Donnington Parish Hall

26th Sept / 17th Oct / 21st Nov / 12th Dec

### Burgess Hill Umbrellas

**Tuesdays, 10 am - 11.30 am**

The Cherry Tree Centre

24th Sept / 15th Oct / 19th Nov / 10th Dec

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:

[outreach-training@reachingfamilies.org.uk](mailto:outreach-training@reachingfamilies.org.uk)



[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

## Umbrellas Online

### Thursdays via Zoom

19th Sept 7.30 pm - 9 pm

24th Oct 7.30 pm - 9 pm

14th Nov 7.30 pm - 9 pm

12th Dec 7.30 pm - 9 pm