

Umbrellas

Parent Support Group Spring Term 2024

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER

INFORM

SUPPORT

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am
Southwick Community Centre
9th Jan / 6th Feb / 5th Mar

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am
Creative Heart Community Hub (upstairs)
10th Jan / 7th Feb / 6th Mar

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am
Durrington Community Centre
16th Jan / 20th Feb / 12th Mar

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am
Horsham Family Hub (The Needles)
17th Jan / 21st Feb / 20th Mar

Chichester Umbrellas

Thursdays, 10 am - 11.30 am
Donnington Parish Hall
25th Jan / 29th Feb / 28th Mar

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am
The Cherry Tree Centre
23rd Jan / 27th Feb / 26th Mar

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact Hannah Delmar-Addy:

Email: hannah@reachingfamilies.org.uk
Telephone: 07951 794734



www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

4th Jan	7.30 pm - 9 pm
18th Jan	10 am - 11.30 am
1st Feb	7.30 pm - 9 pm
22nd Feb	10 am - 11.30am
7th Mar	7.30 pm - 9 pm
21st Mar	10 am - 11.30 am